



**Quotes from
previous participants following
a Week of Guided Prayer:**

“It was a privilege to meet with a personal companion each day in a safe place. There was no pressure, simply encouragement, companionship and helpful suggestions to meet with and listen to God.”

“Finding thirty minutes of quiet amidst the chaos of family life was extremely difficult, but I’m thankful that I did because the experience has been rich and very valuable.”

“I was very uncertain about doing the week, but I am so grateful that it’s brought me closer to God and more open to receive his love.”

This week could be for you . . .

No previous knowledge or experience is necessary.

It is also possible to do either just the first half or just the second half of the Week.

If you are housebound, the prayer guide may be able to come to your home.

On the application forms you are asked to indicate preferred times of meeting, either morning, afternoon or evening. Forms can be found in local churches, or please contact one of the people below.

A suggested donation is requested, from those who can afford it, to help cover costs.

Further Information

If you would like to talk to someone to find out more about this week, please contact:

Jackie Harbron 07932-590852
jackie@experts.co.uk

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Berkhamsted Week of Guided Prayer

**29th September
– 6th October 2024**

What is the Week of Guided Prayer?

A Week of Guided Prayer is an invitation to draw closer to God by listening and talking to him in the midst of our daily lives.

A team of trained prayer-guides (spiritual directors), has been drawn together from different denominations - some from further afield and others more local - to listen, support, guide and encourage in an open, sympathetic atmosphere of complete confidentiality. The purpose of the week is to provide an opportunity to deepen our relationship with God. Prayer material offered is based on Scripture.

This week is for men, women and young adults, at whatever stage they are in their spiritual and faith journey; and from whatever church, or none. Age is immaterial, and the starting point is each person's willingness to be open to God, whatever their experience of prayer or background.

If you have already taken part, don't feel you can't come again.
God is a God of surprises!

Why should I think of taking part?

Are you...

- Wanting to deepen your relationship with God?
- Wanting to hear what God is saying to you personally?
- Interested in exploring different ways of praying based on Scripture?
- Happy to have your own prayer-guide on a one-to-one basis for the week?
- Happy to share with your prayer-guide what you are comfortable with?
- Able to put aside specific time each day to pray and also to meet with your prayer-guide?

Interested? Then read on...

The first meeting will be at 8pm on Sunday 29th September in Sunnyside Church, HP4 2PP where you will meet your prayer guide, and also others taking part in the week, and together begin with a meditation on a Bible passage.



You will be encouraged to set aside thirty minutes each day for your own prayer time, and also to come to your allocated venue for half an hour to meet your prayer guide at a mutually agreed time.

On Sunday 6th October the Week will conclude with everyone coming together for a short service of thanksgiving, a reflection on the week and some thoughts for the ongoing journey.

So, do think about whether you would like to take part, then pick up an application form and fill in your details. If you would prefer to apply on line, email jackie@experts.co.uk for an online form.